

NORTHWEST TERRITORIES

COVID Social Resource Connector

This listing of resources complements the "COVID-19 Social Care Guidance" (available at upstreamlab.org/covid19) developed in partnership with the Centre for Effective Practice and the Department of Family and Community Medicine at the University of Toronto. These resources have been compiled and maintained by a team of volunteers and we are grateful for their time and effort. This list of resources is intended to support Canadians during the COVID-19 pandemic. Listing here does not mean the Upstream Lab, or other entities endorse the resources listed or their services. Use at your own risk. Please contact us immediately (upstreamlab@smh.ca) if you are aware of new resources or have concerns about any specific resource.

Resource Table of Contents

Food Resources

1. [Food Banks](#)

Homelessness Resources

2. [Emergency Shelters](#)

Legal Resources

3. [Legal](#)

Well-Being Resources

4. [Social Isolation](#)
 5. [Interpersonal Violence](#)
-

Resources

Food Resources

Food Banks

YK Food Bank

Contact: 867-765-5003 for pick-up on Sundays between 9am-12pm (calling available Mon-Fri 9am-12pm)

Location: warehouse on 50th Street (at the side entrance to the 50/50 mini mall on the corner of 50th Avenue).

<https://www.facebook.com/YKFoodBank/>

Salvation Army

Contact: 867-765-5003 for pick-up on Sundays between 9am-12pm (calling available Mon-Fri 9am-12pm)

Location: 4925 45th Street, Yellowknife, Northwest Territories

<https://www.facebook.com/TSAYellowknife/>

Homelessness Resources**Emergency Shelters****Salvation Army Day Shelter (Yellowknife)**

Description: A temporary day shelter providing a safe space for the homeless community and filling the needs once presented by the sobering centre. Food, recreation, and socialization at a safe distance are provided. The hours of operation are 7:30am – 6:30pm.

Contact: 867-920-4673

www.salvationarmy.ca/alberta&northernterritories

Arnica Inn (Yellowknife)

Description: A voluntary program providing safe isolation space and support for roughly 25 people experiencing homelessness at high risk for complications of COVID-19. This includes individuals over age 70, those with underlying health conditions or comorbidities. You need a physician referral.

Inuvik Warming Centre

Description: An additional shelter space has been secured to assist the Inuvik Warming Shelter to enable physical distancing support isolation of those experiencing homelessness waiting for test results, or who have tested positive for COVID-19.

Contact: 867-678-5248

Legal Resources**Government of NWT - Outreach Legal Aid Clinics**

Contact: 867-767-9384 or toll-free 1-844-497-1319, outreachlawyer@gov.nt.ca

Well-being Resources

Social Isolation

NWT Helpline

Description: Phone line available 24/7 for support. NWT residents can also visit the NWT Help Line Facebook page at <https://www.facebook.com/NWTHelpLine/> for wellness information and community support.

Contact: 1-800-661-0844

<https://www.hss.gov.nt.ca/en/services/nwt-help-line>

Arctic Indigenous Wellness Foundation Traditional Counselling

Description: They have set up phone sessions with their traditional counsellors and elders for those that would like support while the healing camp is shut down. They are operating during their regular business hours from 9am-12pm and 1pm-5pm.

Contact:

- William Greenland- 867-446-1346
- Annie Mitsima- 867-688-3027
- Ruth Mercredi- 867-444-1949
- For any questions or difficulties getting through, please contact our executive director Wilbert Cook at: 867-447-1095 or email: wcook@arcticindigenouwellness.org or info@arcticindigenouwellness.org.

Interpersonal Violence

Kids Help Phone

Description: Offers professional counselling, information and referrals and volunteer-led support to young people in both English and French. Available by phone, text or live-chat.

Contact: 1-800-668 6868

<https://kidshelpphone.ca/>

ShelterSafe

Description: Website that can help women and children fleeing violence find shelter in their area. Call a shelter for support, information, referrals or just to talk. Most shelters on this site have staff available 24 hours, 7 days per week to answer your call.

<https://www.sheltersafe.ca/>

First Nations and Inuit Hope for Wellness Help Line

Description: Offers immediate, culturally competent telephone-based crisis intervention counselling and support for Indigenous people. Available 24/7 in English and French. Cree, Ojibway and Inuktitut may also be available. Call or online chat.

Contact: 1-855-242-3310

hopeforwellness.ca

Hospital-Based 24-Hour Crisis Line

Description: The NWT Help Line offers free support to residents of the Northwest Territories, 24 hours a day, 7 days a week. It is 100% free and confidential. The NWT Help Line also has an option for follow-up calls.

Contact: 1-800-661-0844

NWT Family Violence Shelters

Description: 24/7 crisis line and list of local family violence shelters and lines in the area.

Contact: 1-866-223-7775

<https://www.hss.gov.nt.ca/sites/hss/files/family-violence-shelters-brochure.pdf>