

Building Upstream Action Networks across Canada



Join a local movement for better health!

Our health is determined in large part by key factors that we call the *social determinants of health*, the conditions in which we all live, work and play.

Actions that address social determinants go “upstream” of illness and premature death and are key to reducing health inequities.

We are working with partners from across Canada to build 8 local

Upstream Action Networks: 1) Barrie, 2) Calgary, 3) Kingston, 4) Montreal, 5) Toronto – Downtown East, 6) Toronto – North West, 7) Toronto – Scarborough, and 8) Winnipeg.

These Upstream Action Networks will include primary care organizations, social and community agencies, public health, and local government. We will use a stepwise, data-driven approach to identify key priorities (ie. housing, employment, green spaces, etc.) over the next 5 years and implement actions at multiple levels specific to the needs of your community.

Why am I being contacted?

In one of eight areas across Canada, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

Your participation has two parts:

- 1) Take part in a focus group (May-June 2022) with representatives from other local organizations (honorarium provided)
- 2) Provide input on our plans, and join an application to the Canadian Institutes for Health Research for funding (due Jul 6, 2022)



What is the benefit to participating?

- Networking with others in Canada interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate where you live.

[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

416-597-3422 x.4448

Version date: May 24, 2022

Building Upstream Action Networks in Barrie



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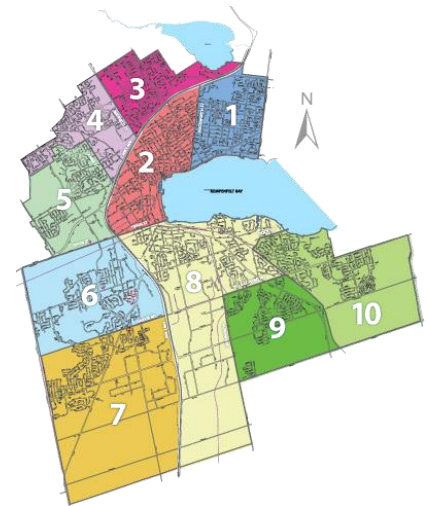
Why am I being contacted?

In Barrie, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

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- 1) Take part in a focus group (May-June 2022) with representatives from other local organizations (honorarium provided)
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What is the benefit to participating?

- Networking with others in Barrie interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Barrie in your email.

[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

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Building Upstream Action Networks in Calgary



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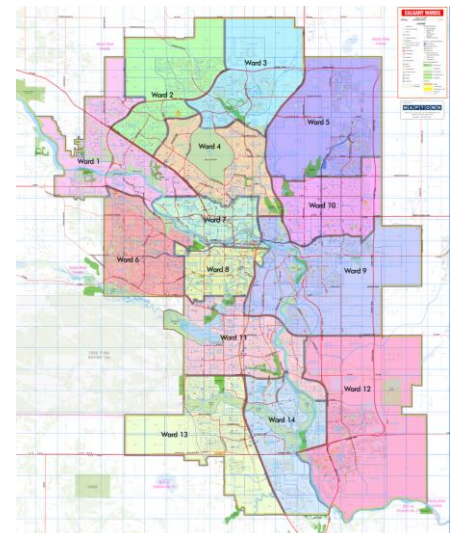
Why am I being contacted?

In Calgary, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

Your participation has two parts:

- 1) Take part in a focus group (May-June 2022) with representatives from other local organizations (honorarium provided)
- 2) Provide input on our plans, and join an application to the Canadian Institutes for Health Research for funding (due Jul 6, 2022)



What is the benefit to participating?

- Networking with others in Calgary interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Calgary in your email.

[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

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Building Upstream Action Networks in Kingston



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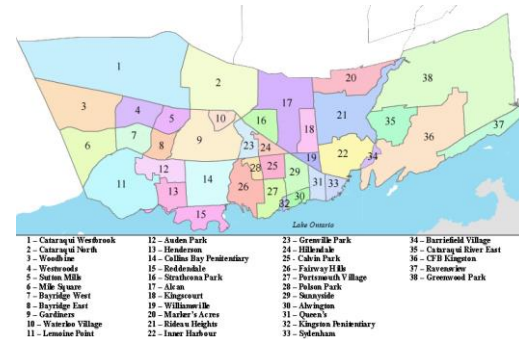
Why am I being contacted?

In Kingston, you and your organization provide critical health and/or social services.

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What is the benefit to participating?

- Networking with others in Kingston interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Kingston in your email.

[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

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Building Upstream Action Networks in Montréal



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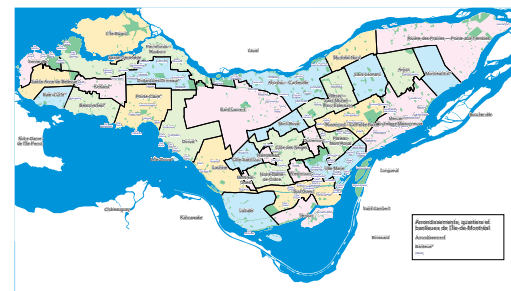
Why am I being contacted?

In Montréal, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

Your participation has two parts:

- 1) Take part in a focus group (May-June 2022) with representatives from other local organizations (honorarium provided)
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What is the benefit to participating?

- Networking with others in Montréal interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Montreal in your email.

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Building Upstream Action Networks in Downtown East Toronto



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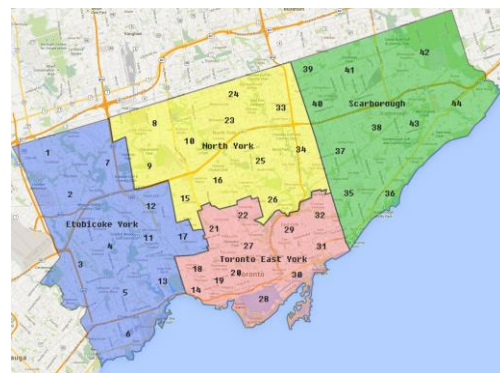
Why am I being contacted?

In Downtown East Toronto, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

Your participation has two parts:

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What is the benefit to participating?

- Networking with others in Downtown East Toronto interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Toronto in your email.

[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

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Building Upstream Action Networks in North West Toronto



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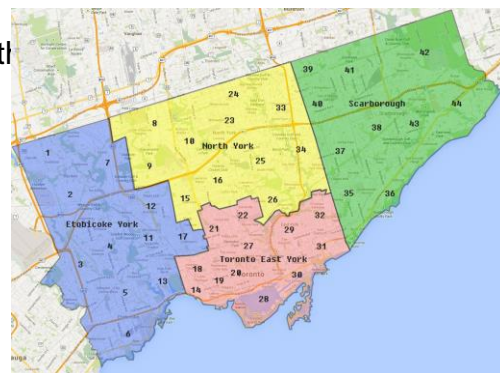
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In North West Toronto, you and your organization provide critical health and/or social services.

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What is the benefit to participating?

- Networking with others in North West Toronto interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

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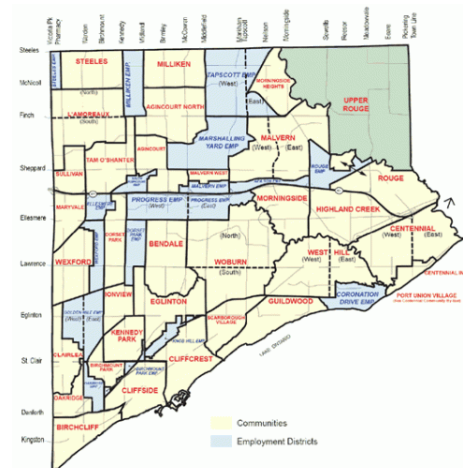
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- Networking with others in Scarborough interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

If you are interested in participating, please email Jane Zhao, the Upstream Healthy Cities research coordinator, with “Focus group participation” in the email title and indicate Toronto in your email.

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Building Upstream Action Networks in Winnipeg



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Why am I being contacted?

In Winnipeg, you and your organization provide critical health and/or social services.

Would you and your organization be interested in participating in this work?

Your participation has two parts:

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What is the benefit to participating?

- Networking with others in Winnipeg interested in health and social determinants
- Learn about local priorities and opportunities to collaborate
- Receive a brief summary report that could be useful for planning

How do I participate?

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[jane.zhao\(at\)uhn.ca](mailto:jane.zhao(at)uhn.ca)

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